

## BEFORE COMING TO THE PORT COQUITLAM ARENA

All players and coaching staff **must** submit an online Port Coquitlam health check <https://forms.office.com/Pages/ResponsePage.aspx?id=ceQNohUd20WtBLLIAdZKaU1f9cMX1HJEt5i7TmmO4vtUMERYMTgzQ1c5MTNFREk2UIBDSIhOOExDVC4u>

All players and coaching staff must be able to answer NO to all of the questions on the health check in order to be permitted into the facility.

Only individuals that are entering the arena should complete the health check.  
The health check should be done the day of the visit to the arena.

**You will not be permitted access to the facility more than 15 minutes before your scheduled ice time. This includes goalies.**

## AT THE PORT COQUITLAM ARENA

**Please refer to the map below.** There is one entrance door to the arena and a separate exit door for each rink. The hallways are clearly marked for one-way traffic. Please follow the arrows to the rink entrance. There is no exit permitted through the main arena entrance.

Players are asked to line up outside the entrance door until Port Coquitlam staff allows them into the arena.

Currently, dressing rooms are not available. Players will have space within the rink to put on final gear and skates before their ice time. Please have players put on most of their gear in the parking lot.

Goalies will be allowed to use space within the lobby to put on their gear.

There is a designated space for players' bags near the players benches.

We have a 50 person limit inside each of our arenas. This includes all players, coaching staff, referees, time/scorekeepers, safety personnel, and arena staff. **At this time, the capacity limits set by the City of Port Coquitlam does not permit spectators.**

Players and coaching staff are asked to vacate the arena through the proper exit door, within 15 minutes after the end of their game.

Coaching staff is responsible for collecting all garbage and recycling from the bench.

# PORT COQUITLAM ARENA

