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## Port Coquitlam Minor Hockey Association

### Locker Room Policy

- **Dressing Room**  
Players should be supervised at all times. A lone personnel member should never be in the dressing room with players at any time, and especially when they are showering or changing: two (2) adults should be present together; which is called the “Two-Deep Method” of supervision. Should separate dressing rooms be required, both dressing rooms require the appropriate adult supervision. Please refer to the BC Hockey Coed Dressing room Policy.
- **Injury Treatment**  
The safety person should avoid treating injuries out of sight of others. Use the “Two Deep Method” (two adults) supervision system.
- **Road Trips**  
Ideally, team personnel and players, should not share accommodations, regardless of the potential cost savings or other benefits. If sharing a room is unavoidable, be sure that the “Two Deep Method” rule is observed at all times
- **Isolated Spaces**  
Parents/guardians should never leave their child unsupervised in a facility nor should they leave their child alone with a single personnel member (use the Two Deep Method)
- **Sports and Training Facilities**  
Participants who are minors should never be left waiting in a facility without the supervision of their parent/guardian or personnel member (use the Two Deep Method)
- **Parents in the Locker Room**  
Except for players at the younger age groups Hockey 1 thru 4, we discourage parents from entering locker rooms unless it is truly necessary. If a player needs assistance with his or her uniform or gear, if the player is or may be injured, or player’s disability warrants assistance, then we ask that parents to let the coach know beforehand that he or she will be helping the player.  
Naturally, with our younger age groups it is necessary for parents to assist the players getting dressed. We encourage parents to teach their players as young as possible how to get dressed so that players will learn as early as possible how to get dressed independently. In circumstances where parents are permitted in the locker room coaches are permitted to ask that the parents leave for a short time before the game and for a short time after the

game so that the coaches may address the players. As players get older, the coach may in his or her discretion prohibit parents from entering the locker room. In general, parents should not enter the dressing room if the players undress to less than shorts and t-shirt.

- **Co-Ed Dressing Room Policy**

In all cases where members of a team include both male and female players, the following dress code will apply in the team dressing room:

- a. Male players will not undress to less than a minimum of shorts while females are present.
  - b. Female players will not undress to less than a minimum of shorts and a t-shirt while males are present.
- When separate facilities exist for both male and female participants, males and females shall make use of these separate facilities in order to change to the point that they can adhere to the co-ed dress code noted above.
  - When separate facilities do not exist for both male and female participants:
    - a. Players shall dress, undress and shower in shifts while maintaining the minimum dress code noted above.
    - b. Players of the under-represented gender shall be granted access to the shower facilities after the balance of the team
  - It is the responsibility of the team to ensure that these guidelines are followed.

**Smart Phones and Other Mobile Recording Devices**

Smart phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are **not permitted to be used, in any capacity**, by players, coaches and/or parents in the locker rooms.

I agree to abide by the principles of the Locker Room Policy as set by BC Hockey and supported by the Port Coquitlam Minor Hockey Association.

I also agree to abide by the rules, regulations and decisions as set for the PCMHA.

PRINT  
NAME \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURES:  
PARENT \_\_\_\_\_ PARENT \_\_\_\_\_